



# Fourth Annual Fallen Defender Ruck



*Please help support the 174<sup>th</sup> SFS in honoring the 14 Defenders KIA in direct support of the Global War on Terror.*

Thursday 29 July @ 1100 hours – Friday 30 July @ 1100 hours

2.8 mile course, starting and ending at building 616  
Open to all military / prior military / Civilians

Uniform of the day is relaxed OCPs, or civilian PT gear

To sign up, please contact the POC below, and schedule as many time-blocks as you would like!  
(1 hour time blocks for the duration of the ruck)

ALL proceeds from this event will be donated to SSgt TJ Lobraico Foundation.

POC: SSgt Corey Jimerson / [corey.jimerson@us.af.mil](mailto:corey.jimerson@us.af.mil) / 315-233-2428