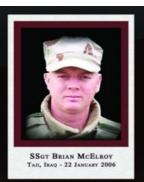


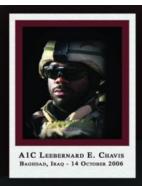
Fourth Annual Fallen Defender Ruck

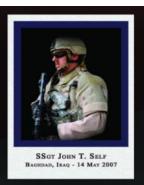


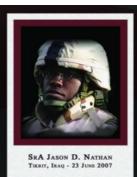




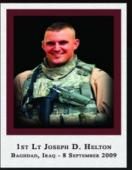


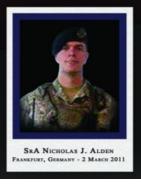






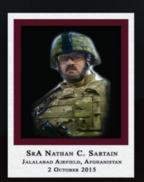


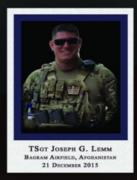


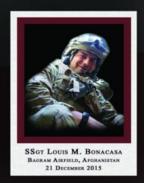












Please help support the 174th SFS in honoring the 14 Defenders KIA in direct support of the Global War on Terror.

Thursday 29 July @ 1100 hours - Friday 30 July @ 1100 hours

2.8 mile course, starting and ending at building 616 Open to all military / prior military / Civilians

Uniform of the day is relaxed OCPs, or civilian PT gear

To sign up, please contact the POC below, and schedule as many time-blocks as you would like! (1 hour time blocks for the duration of the ruck)

ALL proceeds from this event will be donated to SSgt TJ Lobraico Foundation.